

Buddha Birth Day Festival 2008

South Bank Parklands 2 May – 4 May

Be Active,
have some fun and join in a little
FREE

Tai Chi in the Park

Join the record breaking attempt on
Friday 2 May

Proudly supported by
Queensland Health

Mon 28 April – Friday 2 May
7:45am – 8:30am

At South Bank in the Cultural Forecourt
next to QPAC adjacent to the Victoria Bridge

Mon 28 April – 12:00 noon
Upper Stage Queen St. Mall

*Tai Chi, a gentle exercise
that is suitable for
all ages and fitness levels,
has lasting health benefits*



Queensland Government
Queensland Health